

Sioux Central Boys Invitational - 4/4/2016**Sioux Central****Results - Sioux Central Boys Meet****Boys 100 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Broich, Eric	SL St. Mary's	11.65	11.80	2	10
2 Sleezer, Kaleb	Alta-Aurelia	11.96	11.95	2	8
3 Pizano, Ricky	Alta-Aurelia	11.96	12.01	2	6
4 Prior, Mac	Sioux Ctrl- SR	11.80	12.36	2	5
5 Cavanaugh, Blake	Sioux Ctrl- SR	12.50	12.72	2	4
6 Hesebeck, Darin	Harris-Lake Park	12.00	12.73	2	3
7 Steinberg, Reid	Manson NW Webster	12.20	12.90	2	2
8 Baker, Joel	Trinity Christian	14.00	12.96	1	1
9 Gunderson, Trevor	Harris-Lake Park	12.50	13.02	2	
10 Lindner, Keaton	Sioux Central JV		13.58	1	
11 Estergaard, Dawson	Manson NW Webster		13.59	1	
12 Perkins, Franky	Sioux Central JV		14.36	1	

Boys 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Sleezer, Kaleb	Alta-Aurelia	23.97	24.38	2	10
2 Prior, Mac	Sioux Ctrl- SR	24.00	24.58	2	8
3 Flores, Roberto	Sioux Ctrl- SR	25.00	24.92	2	6
4 Carpenter, Keegan	Harris-Lake Park	25.50	26.21	2	5
5 Hanson, Jake	Sioux Central JV		27.47	1	4
6 Keenan, Cole	SL St. Mary's	27.85	27.48	2	3
7 Estergaard, Dawson	Manson NW Webster	28.94	27.80	2	2
8 Burger, Austin	Manson NW Webster	29.50	27.84	1	1

Boys 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Hellinga, Cale	Harris-Lake Park	56.00	54.71	2	10
2 Laning, Samuel	Trinity Christian	59.00	56.41	2	8
3 Hatch, Kyle	Sioux Ctrl- SR	56.50	56.61	2	6
4 Blomberg, Trace	Sioux Ctrl- SR	1:02.00	1:01.37	2	5
5 Gasperi, Jacob	Sioux Central JV		1:01.91	1	4
6 Pearson, Nathan	Alta-Aurelia	53.50	1:02.29	2	3
7 Burger, Austin	Manson NW Webster	1:04.00	1:03.60	2	2
8 Fast, Spenser	Alta-Aurelia	1:01.55	1:04.29	2	1
9 Gunderson, Caleb	Sioux Central JV		1:04.63	1	
10 Malou, Chakouthchok	SL St. Mary's	1:08.24	1:08.98	1	
11 Peters, Ben	SL St. Mary's	1:03.23	2:26.25	2	

Boys 800 Meter Run

Name	Year School	Seed	Finals	Points
1 Laning, Samuel	Trinity Christian	2:18.00	2:18.62	10
2 Hoffman, Elijah	Sioux Ctrl- SR	2:21.00	2:24.23	8
3 Demers, Dalton	Sioux Ctrl- SR	2:20.00	2:30.19	6
4 Kueny, Jonah	Sioux Central JV		2:31.50	5
5 Henrichs, Jaden	Alta-Aurelia		2:32.53	4
6 Kueny, Michael	Alta-Aurelia	2:42.00	2:33.56	3

Sioux Central Boys Invitational - 4/4/2016**Sioux Central****Results - Sioux Central Boys Meet****....Boys 800 Meter Run**

7	Menchaca, Mauel	Sioux Central JV	2:52.22	2
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Boys 1600 Meter Run

Name	Year School	Seed	Finals	Points
1 Van Ginkel, Dallas	Trinity Christian	5:18.00	5:10.71	10
2 Meyer, Caleb	Trinity Christian	5:32.00	5:13.63	8
3 Demers, Dalton	Sioux Ctrl- SR	5:10.00	5:16.79	6
4 Hatch, Dawson	Sioux Ctrl- SR	5:25.00	5:19.37	5
5 Husman, Jacob	Alta-Aurelia	5:30.00	5:23.64	4
6 Johnson, Andrew	Manson NW Webster	6:06.93	5:47.61	3
7 Williamson, Austin	Alta-Aurelia	6:30.00	6:02.52	2
8 Menchaca, Mauel	Sioux Central JV		6:19.30	1

Boys 3200 Yard Run

Name	Year School	Seed	Finals	Points
1 Demers, Dalton	Sioux Ctrl- SR	10:55.00	11:20.49	10
2 King, Caleb	Trinity Christian	13:30.00	11:54.27	8
3 Johnson, Andrew	Manson NW Webster	12:20.84	12:08.60	6
4 Kooiker, Daniel	Trinity Christian	14:00.00	12:36.62	5
5 Comegeys, Dallas	Alta-Aurelia	13:33.00	13:08.34	4
6 Ellis, Bo	Alta-Aurelia	12:33.00	14:42.30	3

Boys 110 Meter Hurdles

Name	Year School	Seed	Finals	Points
1 Weiland, Jared	Alta-Aurelia	16.50	16.85	10
2 Johnson, Jackson	Manson NW Webster	17.42	16.92	8
3 Saunders, Matt	Sioux Ctrl- SR	18.50	17.94	6
4 Lindner, Keaton	Sioux Ctrl- SR	20.00	19.73	5
5 Santellanez, Peter	Sioux Central JV		20.40	4

Boys 400 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Radke, Bryce	Alta-Aurelia	58.50	1:00.58	2	10
2 Heynen, Collin	Trinity Christian	1:07.00	1:02.56	2	8
3 Santellanez, Peter	Sioux Central JV		1:06.47	1	6
4 Damewood, Chandler	Alta-Aurelia	1:10.00	1:07.60	1	5
5 Pearson, Brian	Manson NW Webster	1:05.00	1:09.04	2	4
6 Jud, Holden	Manson NW Webster	1:10.53	1:09.40	1	3
7 Marcoux, Levi	Sioux Ctrl- SR	1:07.00	1:10.85	2	2
8 Scott, Dallas	Sioux Ctrl- SR	1:10.00	1:12.54	2	1

Boys 4x100 Meter Relay

School	Seed	Finals	Points
1 Alta-Aurelia 'A' 1) Pizano, Ricky	45.88	47.99	10
2) Hughes, Joe			

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Results - Sioux Central Boys Meet****....Boys 4x100 Meter Relay**

3) Sherkenbach, Sam	4) Sleezer, Kalek			
2 Sioux Ctrl- SR 'A'		47.50	48.52	8
1) Anderson, Caleb	2) Hatch, Kyle			
3) Cavanaugh, Blake	4) Prior, Mac			
3 Harris-Lake Park 'A'		50.00	51.13	6
1) Gunderson, Trevor	2) Carpenter, Keegar			
3) Hesebeck, Darin	4) Hellinga, Cale			
4 Sioux Central JV 'A'		50.00	52.41	5
-- Manson NW Webster 'A'		48.00	DQ	
1) Walsh, Zach	2) Peters, Riley			
3) Condon, Mark	4) Wignall, Ber			

Boys 4x200 Meter Relay

School	Seed	Finals	Points
1 Alta-Aurelia 'A'	1:38.50	1:38.57	10
1) Pizano, Ricky			
3) Hughes, Joe			
2 Manson NW Webster 'A'	1:40.00	1:41.34	8
1) Larsen, Blake			
3) Steinberg, Reid			
3 Sioux Ctrl- SR 'A'	1:41.00	1:41.61	6
1) Flores, Roberto			
3) Cavanaugh, Blake			
4 Harris-Lake Park 'A'	1:45.00	1:45.68	5
1) Erne, Aaron			
3) Gunderson, Trevor			
5 Sioux Central JV 'A'	1:50.00	1:51.97	4

Boys 4x400 Meter Relay

School	Seed	Finals	Points
1 Alta-Aurelia 'A'	3:49.11	3:49.92	10
1) Radke, Bryce			
3) Issa, Zach			
2 Manson NW Webster 'A'	3:44.85	3:54.03	8
1) Larsen, Blake			
3) Walsh, Zach			
3 Trinity Christian 'A'	4:06.67	4:04.79	6
1) Laning, Samuel			
3) Baker, Joel			
4 Sioux Ctrl- SR 'A'	3:56.00	4:05.86	5
1) Flores, Roberto			
3) Rusk, Brady			
5 Sioux Central JV 'A'	4:15.00	4:20.88	4
6 Harris-Lake Park 'A'	4:40.00	4:24.28	3
1) Erne, Aaron			
3) Bunkers, Brandon			
2) Rasche, Jack			
4) Vellema, Greg			

Sioux Central Boys Invitational - 4/4/2016**Sioux Central****Results - Sioux Central Boys Meet****Boys 4x800 Meter Relay**

School	Seed	Finals	Points
1 Manson NW Webster 'A'	8:58.28	9:00.16	10
1) Bulten, Collin	2) Freimuth, Clay		
3) Johnson, Titan	4) Pearson, Briar		
2 Alta-Aurelia 'A'	9:12.00	9:04.99	8
1) Husman, Jacob	2) Pearson, Nathar		
3) Issa, Zach	4) Gaes, Nick		
3 Sioux Ctrl- SR 'A'	9:30.00	9:41.32	6
1) Hoffman, Elijah	2) Swanson, Kal		
3) Hatch, Dawson	4) Rusk, Brady		
4 Harris-Lake Park 'A'	11:30.00	11:24.61	5
1) Erne, Aaron	2) Rasche, Jack		
3) Nelson, Tyler	4) Vellema, Greg		

Boys Distance Medley

School	Seed	Finals	Points
1 Manson NW Webster 'A'	4:18.08	3:59.29	10
1) Steinberg, Reid	2) Condon, Mark		
3) Johnson, Titan	4) Bulten, Collin		
2 Alta-Aurelia 'A'	3:48.00	4:03.68	8
1) Pizano, Ricky	2) Weiland, Jarec		
3) Issa, Zach	4) Pearson, Nathar		
3 Sioux Ctrl- SR 'A'	4:00.00	4:04.87	6
1) Anderson, Caleb	2) Hatch, Kyle		
3) Saunders, Matt	4) Rusk, Brady		
4 Trinity Christian 'A'	4:50.00	4:29.54	5
1) Meyer, Caleb	2) Kooiker, Daniel		
3) Van Ginkel, Dallas	4) King, Calek		
5 Harris-Lake Park 'A'	4:20.00	4:38.41	4
1) Gunderson, Trevor	2) Carpenter, Keegar		
3) Hellinga, Cale	4) Vellema, Greg		
6 Sioux Central JV 'A'	4:50.00	4:43.54	3

Boys 4x100 Meter Shuttle Hurdle

School	Seed	Finals	Points
1 Alta-Aurelia 'A'	1:08.33	1:07.85	10
1) Radke, Bryce	2) Henrichs, Jader		
3) Gaes, Nick	4) Weiland, Jarec		
2 Manson NW Webster 'A'	1:03.90	1:08.13	8
1) Jud, Holden	2) Larsen, Blake		
3) Peters, Riley	4) Johnson, Jacksor		
3 Sioux Ctrl- SR 'A'	1:12.00	1:11.03	6
1) Saunders, Matt	2) Marcoux, Levi		
3) Scott, Dallas	4) Anderson, Calek		

Boys High Jump

Name	Year School	Seed	Finals	Points
1 Johnson, Jackson	Manson NW Webster	6-02.00	6-04.00	10

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2 Hesebeck, Darin	Harris-Lake Park		5-08.00	8
3 Heitman, Jake	SL St. Mary's	5-08.00	J5-08.00	5.50
3 Hughes, Joe	Alta-Aurelia	5-10.00	J5-08.00	5.50
5 Marcoux, Levi	Sioux Ctrl- SR	5-02.00	5-06.00	4
6 Rasche, Jack	Harris-Lake Park		5-04.00	3
7 Damewood, Chandler	Alta-Aurelia	5-04.00	J5-04.00	2
-- Abens, Eric	Manson NW Webster	5-02.00		DQ
-- Hatch, Kyle	Sioux Ctrl- SR	5-02.00		DQ

Boys Long Jump

Name	Year School	Seed	Finals	Points
1 Condon, Mark	Manson NW Webster	20-06.00	19-06.00	10
2 Prior, Mac	Sioux Ctrl- SR	19-00.00	18-04.50	8
3 Broich, Eric	SL St. Mary's	20-00.00	17-11.75	6
4 Issa, Zach	Alta-Aurelia	17-01.00	17-00.00	5
5 Peters, Riley	Manson NW Webster	18-03.50	16-08.25	4
6 Blomberg, Trace	Sioux Central JV		15-09.50	3
7 Cavanaugh, Blake	Sioux Ctrl- SR	16-00.00	15-06.25	2
8 Baker, Joel	Trinity Christian	16-09.00	15-06.00	1
9 Gunderson, Caleb	Sioux Central JV		15-04.00	
10 Erne, Aaron	Harris-Lake Park		14-03.50	
11 Kueny, Thomas	Alta-Aurelia	14-04.00	13-10.50	

Boys Shot Put

Name	Year School	Seed	Finals	Points
1 Butcher, Tim	Manson NW Webster	45-07.00	44-09.25	10
2 Nitzschke, Braeton	Harris-Lake Park		41-11.25	8
3 Heynen, Collin	Trinity Christian	43-06.25	40-11.00	6
4 Gaes, Nick	Alta-Aurelia	41-02.00	39-10.00	5
5 Beckman, Carter	Sioux Ctrl- SR	35-00.00	38-08.50	4
6 Krebsbach, Cameron	Manson NW Webster	36-11.50	38-07.00	3
7 Perkins, Frank	Sioux Ctrl- SR	36-00.00	36-08.00	2
8 Meyer, Ryan	Alta-Aurelia	36-06.00	35-11.50	1
9 Heikens, Zach	Harris-Lake Park		31-05.00	
10 Terrell, Adam	Sioux Central JV		28-06.00	
11 Siebrecht, Cole	Sioux Central JV		27-08.00	

Boys Discus Throw

Name	Year School	Seed	Finals	Points
1 Butcher, Tim	Manson NW Webster	145-02	132-08	10
2 Etherington, Ryan	Sioux Ctrl- SR	100-00	106-04	8
3 Gaes, Nick	Alta-Aurelia	120-00	104-09	6
4 Husman, Jacob	Alta-Aurelia	125-00	100-03	5
5 Siefken, Austin	Manson NW Webster	97-10	87-02	4
6 Nitzschke, Braeton	Harris-Lake Park		86-08	3
7 Heikens, Zach	Harris-Lake Park		86-02	2
8 Hanson, Jake	Sioux Ctrl- SR	65-00	86-00	1
9 Siebrecht, Cole	Sioux Ctrl- SR		74-06	
10 Bailey, Camden	Sioux Central JV		65-04	

Sioux Central Boys Invitational - 4/4/2016

Sioux Central

Results - Sioux Central Boys Meet

....Boys Discus Throw

11 Terrell, Adam Sioux Central JV 49-06

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Men - Team Rankings - 18 Events Scorec
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1) Alta-Aurelia	158.50	2) Sioux Ctrl- SR	149
3) Manson NW Webster	126	4) Trinity Christian	76
5) Harris-Lake Park	65	6) Sioux Central JV	45
7) SL St. Mary's	24.50		

Sioux Central Meet April 4, 2016

Team standings

Alta-Aurelia 158.5
Sioux Central 149
Manson NW Web 126
Trinity Christian 76
Harris- Lake Park 65
Sioux C. JV 45
SL St. Mary's 24.5

Coach's comments, "What a beautiful facility Sioux Central has. I know they are not quite finished but I will be an awesome venue when they put the finishing touches on it

We felt very lucky to be able to "break in" the new track and fortunate to win the first ever track meet at Sioux Central's new facility. We had a lot of kids contribute tonight. Bryce Radke had a great night running in 3 relays and the 400 M Low hurdles, all first place finishes. Kaleb Sleezer also did well winning the 200M and finishing 2nd in the 100 M in addition to being a big part of 2 winning relays (4 x 100 and 4 x 200). It was a good day for the Warriors.

Shot put 4th 39'10" Nick Gaes

Discus 3rd 104'09" Nick Gaes
4th 100' 3" Jacob Husman

High jump 3rd 5' 8" Joe Hughes

Long jump 4th 17' 0" Zach Issa

100M 2nd 11.95 Kaleb Sleezer
3rd 12.01 Ricky Pizano

200M. 1st 24.38 Kaleb Sleezer

400M 6th 1:02.29 Nathan Pearson

800M. 5th 2:32.53 Jaden Henrichs
6th 2:33.56 Michael Kueny

1600M 5th 5:23.64 Jacob Husman

3200M. 5th 13:08.34 Austin Williamson
6th 14:42.30 Ryan Meyer

110 M HH 1st 16.85 Jared Weiland

400 M 1st 1:00.58 Low H. Bryce Radke
4th 1:07.60 Chandler Damewood

Shuttle h. 1st 1:07.85 Bryce Radke, Jaden Henrichs, Nick Gaes, Jared Weiland

4 x 100 1st 47.99 Ricky Pizano Joe Hughes, Sam Sherkenbach, Kaleb Sleezer
4 x 200 1st 1:38.57
Ricky Pizano., Bryce Radke Kaleb Sleezer, Joe Hughes

4 x 400 Bryce Radke, Nathan Pearson, Zach Issa, Joe Hughes

4 x 800 2nd 9:04.99 Jacob Husman, Zach Issa, Nick Gaes, Nathan Pearson

Medley 2nd 4:03.68 Ricky Pizano, Jared Weiland, Zach Issa, Nathan Pearson.