

2016 AA Warrior Co-Ed - 4/26/2016

Alta, IA

Results

Event 1 Girls High Jump

Name	Year	School	Seed	Finals	Points
Finals					
1 Owens, Dakotah		Mmcru	5-00.00	4-10.00	10
2 Barnes, Micah		Alta-Aurelia	4-08.00	4-08.00	7
2 Kolpin, Rowan		Alta-Aurelia	4-08.00	4-08.00	7
4 Smith, Camie		Sioux Ctrl- SR	4-08.00	4-06.00	4

Event 3 Girls Long Jump

Name	Year	School	Seed	Finals	Points
1 Jensen, Brianna		Mmcru	15-06.00	15-01.00	10
2 Hiserote, Debi		Siouxland Christian	15-00.00	14-10.25	8
3 Grau, Carli		Newell-Fonda	15-01.25	14-08.25	6
4 Schaller, Olivia		SL St. Mary's	14-07.00	13-11.00	4
5 Panko, Jillian		Clay Central Everly	14-11.00	13-03.75	2
6 Barnes, Micah		Alta-Aurelia	13-06.00	13-01.50	1
7 Foley, Tiffany		Newell-Fonda	12-06.75	11-10.75	
8 Hoogendyk, Katrina		Siouxland Christian	10-04.00	9-09.50	
-- Beckman, Hayley		Sioux Ctrl- SR	12-10.00	ND	
-- Schmidt, Joie		Clay Central Everly	12-03.00	ND	
-- Flores, DJ		Alta-Aurelia	13-09.50	ND	

Event 5 Girls Discus Throw

Name	Year	School	Seed	Finals	Points
1 Maass, Megan		Mmcru	98-08	106-00	10
2 Westphal, Hanna		Alta-Aurelia	101-01	95-04	8
3 Turner, Peyton		Mmcru	89-09	92-01	6
4 Salmeron, Anita		Sioux Ctrl- SR	94-11	91-02	4
5 Sandhoff, Jessica		SL St. Mary's	83-05	79-06	2
6 Jones, Cadi		Siouxland Christian	70-00	79-05	1
7 Fahnlander, Jill		Sioux Ctrl- SR	86-08	75-01	
8 Harvey, Katlin		Remsen St. Marys	72-09	72-07	
9 Sievers, Mallory		Newell-Fonda	91-10	71-08	
10 Werneburg, Kayla		Newell-Fonda	76-04	71-01	
11 Kolpin, Rowan		Alta-Aurelia	78-09	69-01	
12 Strand, Kimberlee		Sioux Ctrl- SR	56-05	x68-08	
13 Ruda, Audrey		Clay Central Everly	68-03	62-08	
14 Kathman, Brooke		Clay Central Everly	56-09	59-08	
15 Lenhart, Lizzie		SL St. Mary's	72-02	56-00	
16 Berberich, Grace		Sioux Ctrl- SR	55-01	x53-08	
17 Wood, Grace		Siouxland Christian	63-00	16-01	

Event 7 Girls Shot Put

Name	Year	School	Seed	Finals	Points
1 Sievers, Mallory		Newell-Fonda	34-09.50	33-02.00	10
2 Loutsch, Megan		Mmcru	31-01.00	32-03.00	8
3 Olesen, Cassy		Graettinger-	31-08.50	30-08.00	6
4 Maass, Megan		Mmcru	31-01.00	30-03.00	4
5 Jones, Cadi		Siouxland Christian	30-00.00	29-02.00	2

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....Event 7 Girls Shot Put

6	Fahnlander, Jill	Sioux Ctrl- SR	27-09.00	28-08.00	1
7	Salmeron, Anita	Sioux Ctrl- SR	29-07.00	28-04.00	
8	Westphal, Hanna	Alta-Aurelia	28-05.00	27-06.00	
9	Sandhoff, Jessica	SL St. Mary's	26-00.00	25-11.00	
10	Pitts, Katie	Sioux Ctrl- SR	22-11.00	x24-11.50	
11	Werneburg, Kayla	Newell-Fonda	23-05.00	23-07.50	
11	Wood, Grace	Siouxland Christian	25-00.00	23-07.50	
13	Kathman, Brooke	Clay Central Everly	24-01.00	22-11.00	
14	Berberich, Grace	Sioux Ctrl- SR	21-07.00	x22-05.75	
15	Ruda, Audrey	Clay Central Everly	22-02.00	22-04.00	

Event 9 Girls 3000 Meter Run

Name	Year School	Seed	Finals	Points
1 Brady, Kayla	Mmcru	13:27.90	13:25.80	10
2 Salazar, Leslie	Sioux Ctrl- SR	13:17.41	13:38.86	8
3 Falck, Lauren	Alta-Aurelia	13:30.65	13:52.44	6
4 Smith, Camie	Sioux Ctrl- SR	14:45.44	14:48.45	4
5 Penning, Bailey	Remsen St. Marys	13:30.70	15:47.63	2

Event 11 Girls 4x800 Meter Relay

School	Seed	Finals	Points
1 Sioux Ctrl- SR 'A'	10:16.40	10:14.75	10
2 Graettinger-Terril/Ruthven-Ayr 'A'	11:07.44	11:12.23	8
3 Alta-Aurelia 'A'	11:15.00	11:26.51	6
4 Clay Central Everly 'A'	11:17.00	11:33.45	4
5 Newell-Fonda 'A'	12:02.09	12:24.13	2

Event 14 Girls 4x100 Meter Shuttle Hurdle

School	Seed	Finals	H#	Points
1 Sioux Ctrl- SR 'A'	1:12.44	1:11.61	2	10
2 Alta-Aurelia 'A'	1:14.10	1:14.03	2	8
3 Remsen St. Marys 'A'	1:13.64	1:14.14	2	6
4 Newell-Fonda 'A'	1:25.50	1:24.67	1	4

Event 15 Girls 100 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Alesch, Toni	Graettinger-	13.06	12.94	3	10
2 Peterson, Lily	Alta-Aurelia	13.30	13.05	3	8
3 Hiserote, Debi	Siouxland Christian	13.09	13.32	3	6
4 Gerke, Erin	Newell-Fonda	13.83	13.73	3	4
5 Schaller, Olivia	SL St. Mary's	13.80	13.97	3	2
6 Schmidt, Joie	Clay Central Everly	14.10	14.03	3	1
7 Maass, Megan	Mmcru	15.28	14.37	1	
8 Hoogendyk, Gwenyth	Siouxland Christian	14.50	14.41	2	
9 Whitson, Andrea	Newell-Fonda	14.96	14.52	2	
10 Lohr, Allison	Sioux Ctrl- SR	14.45	14.53	2	
11 Hagedorn, Lizzy	Clay Central Everly	15.40	15.30	1	

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....Event 15 Girls 100 Meter Dash

12	Rouse, Elise	Graettinger-	14.50	15.53	2
13	Beckman, Hayley	Sioux Ctrl- SR	15.67	15.62	1
14	Hoffman, Sarah	Sioux Ctrl- SR	15.07	x15.67	2
15	Henderson, Leah	Mmcru	15.72	16.18	1
16	Sammons, Ashlee	Sioux Ctrl- SR	16.75	x17.07	1

Event 17 Girls Distance Medley

School	Seed	Finals	H#	Points
1 Alta-Aurelia 'A'	4:32.50	4:35.70	2	10
2 Sioux Ctrl- SR 'A'	4:38.58	4:39.21	2	8
3 Mmcru 'A'	4:51.56	4:54.78	2	6
4 Newell-Fonda 'A'	5:03.43	5:06.05	2	4
5 Graettinger-Terril/Ruthven-Ayr 'A'	5:00.00	5:06.27	2	2
6 Sioux Ctrl- SR 'B'	5:29.92	x5:18.48	1	
7 Clay Central Everly 'A'	5:19.00	5:32.74	1	1

Event 18 Girls 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Peterson, Lily	Alta-Aurelia	59.83	59.74	2	10
2 Sylvester, Regan	Sioux Ctrl- SR	1:01.04	1:02.32	2	8
3 Owens, Dakotah	Mmcru	1:04.99	1:05.06	2	6
4 Hiserote, Debi	Siouxland Christian	1:04.00	1:05.59	2	4
5 Ried, Renee	Newell-Fonda	1:11.10	1:06.93	2	2
6 Jones, Abby	SL St. Mary's	1:09.33	1:11.78	2	1
7 Hoffman, Sarah	Sioux Ctrl- SR	1:21.45	1:19.21	1	

Event 20 Girls 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 Mmcru 'A'	1:52.33	1:51.60	2	10
2 Sioux Ctrl- SR 'A'	1:52.96	1:54.95	2	8
3 Alta-Aurelia 'A'	1:58.50	1:57.83	2	6
4 Clay Central Everly 'A'	2:05.00	2:03.19	2	4
5 Sioux Ctrl- SR 'B'	2:06.11	x2:05.00	1	
6 Newell-Fonda 'A'	2:02.70	2:06.25	2	2
7 Remsen St. Marys 'A'	2:08.09	2:13.11	1	1
8 Graettinger-Terril/Ruthven-Ayr 'A'	2:03.70	2:16.97	2	
9 Siouxland Christian 'A'	2:15.00	2:23.27	1	

Event 22 Girls 100 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Flores, DJ	Alta-Aurelia	16.92	17.08	3	10
2 Laven, Mackenzie	SL St. Mary's	17.90	17.09	3	8
3 Strohmeyer, Erin	Sioux Ctrl- SR	16.11	17.40	3	6
4 Turnquist, Alicia	Alta-Aurelia	18.07	17.55	3	4
5 Pottebaum, Lauren	Remsen St. Marys	18.49	18.08	2	2
6 Willman, Paige	Remsen St. Marys	18.21	18.38	3	1
7 Robinson, Raquel	Mmcru	18.64	18.47	2	

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....Event 22 Girls 100 Meter Hurdles

8	Anderson, Brandy	Sioux Ctrl- SR	19.95	19.64	2
9	Vanderhoff, Sydney	Sioux Ctrl- SR	20.11	x19.84	2
10	Hoogendyk, Gwenyth	Siouxland Christian	20.12	20.18	1
11	Scheidegger, Addie	Newell-Fonda	20.50	20.24	1
12	Foley, Tiffany	Newell-Fonda	21.40	20.92	1

Event 25 Girls 800 Meter Run

Name	Year School	Seed	Finals	Points
1 Rohwer, Lauren	Alta-Aurelia	2:27.63	2:34.85	10
2 Norris, Madison	Graettinger-	2:35.42	2:36.73	8
3 Wilson, Kennedy	Clay Central Everly	2:40.57	2:41.60	6
4 Colling, Kaylee	Mmcru	2:38.61	2:47.75	4
5 Smith, Shera	Sioux Ctrl- SR	2:50.23	2:58.34	2
6 Drenth, Carly	Alta-Aurelia	3:03.20	3:00.67	1
7 Ramos, Dulce	SL St. Mary's	3:09.14	3:04.92	
8 Eisenbacher, Maiya	Graettinger-	3:35.80	3:17.82	

Event 26 Girls 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Sievers, Jenny	Sioux Ctrl- SR	29.55	26.46	3	10
2 Peterson, Lily	Alta-Aurelia	26.99	26.80	4	8
3 Hagedorn, Lizzy	Clay Central Everly	32.00	27.59	2	6
4 Jones, Abby	SL St. Mary's	30.50	27.62	3	4
5 Gerke, Erin	Newell-Fonda	28.71	28.32	4	2
6 Kolpin, Rowan	Alta-Aurelia	30.43	29.41	3	1
7 Schaller, Olivia	SL St. Mary's	28.81	29.48	4	
8 Henderson, Leah	Mmcru	33.10	31.13	2	
9 Lohr, Allison	Sioux Ctrl- SR	31.21	31.47	3	
10 Galli, Rebekah	Siouxland Christian	32.00	31.63	2	
11 Harvey, Katlin	Remsen St. Marys	34.37	32.00	1	
12 Hauge, Kailee	Graettinger-	34.80	33.51	1	
13 Heuton, Bailey	Sioux Ctrl- SR	34.33	x34.34	1	

Event 28 Girls 400 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Robinson, Raquel	Mmcru	1:11.11	1:11.99	2	10
2 Turnquist, Alicia	Alta-Aurelia	1:14.10	1:13.73	2	8
3 Strohmeyer, Erin	Sioux Ctrl- SR	1:11.59	1:16.59	2	6
4 Meier, Gracie	Alta-Aurelia	1:16.31	1:17.39	2	4
5 Hoogendyk, Gwenyth	Siouxland Christian	1:18.00	1:23.32	1	2
6 West, Emily	Sioux Ctrl- SR	1:30.00	1:35.17	1	1

Event 31 Girls 800 Sprint Medley

School	Seed	Finals	H#	Points
1 Alta-Aurelia 'A'	1:55.49	1:54.38	2	10
2 Mmcru 'A'	1:58.60	1:57.20	2	8
3 Newell-Fonda 'A'	2:02.55	2:03.56	2	6

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....Event 31 Girls 800 Sprint Medley

4	Sioux Ctrl- SR 'A'	1:56.66	2:04.00	2	4
5	Sioux Ctrl- SR 'B'	2:12.11	x2:13.97	1	
6	Graettinger-Terril/Ruthven-Ayr 'A'	2:05.50	2:14.49	2	2
7	SL St. Mary's 'A'	2:14.00	2:14.81	1	1
8	Remsen St. Marys 'A'	2:10.41	2:18.34	2	
9	Clay Central Everly 'A'	2:21.00	2:26.76	1	

Event 32 Girls 1500 Meter Run

Name	Year School	Seed	Finals	Points
1 Wilson, Laney	Clay Central Everly	5:45.11	5:41.39	10
2 Sifuentes, Kendra	Newell-Fonda	5:40.38	5:53.34	8
3 Colling, Kaylee	Mmcru	5:57.40	6:01.08	6
4 Beukelman, Emily	Alta-Aurelia	6:08.65	6:08.51	4
5 Salazar, Leslie	Sioux Ctrl- SR	6:06.61	6:15.18	2
6 Ried, Renee	Newell-Fonda	6:07.90	6:17.18	1
7 Falck, Lauren	Alta-Aurelia	6:23.24	6:22.26	
8 Brady, Kayla	Mmcru	6:18.92	6:25.02	
9 Eisenbacher, Maiya	Graettinger-	6:49.50	6:28.89	
10 Smith, Camie	Sioux Ctrl- SR	6:51.30	6:29.96	
11 Galli, Rebekah	Siouxland Christian	6:30.00	6:40.50	
12 Brown, Kaylee	Sioux Ctrl- SR	7:21.55	x6:48.86	
13 Ramos, Dulce	SL St. Mary's	6:47.78	6:51.79	
14 Schroeder, Olivia	Remsen St. Marys	6:59.75	6:55.33	
15 Penning, Bailey	Remsen St. Marys	7:05.52	7:17.71	

Event 34 Girls 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 Mmcru 'A'	54.06	53.57	2	10
2 Alta-Aurelia 'A'	53.93	54.11	2	8
3 Newell-Fonda 'A'	1:00.05	54.95	1	6
4 Sioux Ctrl- SR 'A'	52.30	56.36	2	4
5 SL St. Mary's 'A'	58.20	57.33	2	2
6 Remsen St. Marys 'A'	55.98	57.48	2	1
7 Graettinger-Terril/Ruthven-Ayr 'A'	57.50	57.58	2	
8 Clay Central Everly 'A'	59.23	59.56	1	
9 Sioux Ctrl- SR 'B'	58.45	x59.70	1	
10 Siouxland Christian 'A'	1:10.00	1:08.82	1	

Event 37 Girls 4x400 Meter Relay

School	Seed	Finals	Points
1 Mmcru 'A'	4:22.04	4:28.38	10
2 Alta-Aurelia 'A'	4:34.41	4:44.18	8
3 Graettinger-Terril/Ruthven-Ayr 'A'	4:47.07	5:03.79	6
4 Clay Central Everly 'A'	5:06.00	5:07.38	4
5 Newell-Fonda 'A'	4:40.80	5:09.04	2

Women – Team Rankings – 19 Events Scored

- 1) Alta-Aurelia 153
- 2) MMCRU 128
- 3) Sioux Central-100
- 4) Newell-Fonda-59
- 5) GTRA-42
- 6) CCE-38
- 7) SL St. Mary's
- 8) Siouxland Christian-23
- 9) Remsen St. Marys-13