

Men - Class A - Team Rankings - 18 Events Scored

1) Algona	181.50	2) Humboldt High School	137
3) Webster City	76	4) Pocahontas Area/LM	68.50
5) Spencer	60	6) Storm Lake	33

Men - Class B - Team Rankings - 18 Events Scored

1) South Central Calhou	133	2) Alta-Aurelia	117
3) Southeast Valley	95	4) Eagle Grove	92
5) Manson NW Webster	80	6) Emmetsburg	39

Men - Class C - Team Rankings - 18 Events Scored

1) Bishop Garrigan Boys	169	2) Sioux Ctrl- SR	139
3) Pocahontas Area/LM	60	4) North Union	57
5) Newell-Fonda	56	6) West Bend-Mallard	54

Men 100 Meter Dash Class B

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Case, Kody	South Centra	10.86	11.04	2	10
2 Ludwig, Conner	South Centra	11.04	11.43	2	8
3 Deitering, Grant	Emmetsburg	12.15	11.57	1	6
4 Pizano, Ricky	Alta-Aurelia	11.88	11.63	2	4
5 Sleezer, Kaleb	Alta-Aurelia	11.78	11.84	2	2
6 Condon, Mark	Manson NW We	12.00	11.87	2	1
-- Jondle, Kyler	Southeast Va	12.25	NT	1	
-- Jondle, Keaton	Southeast Va	12.15	NT	2	
-- Friedl, Mo	Eagle Grove	13.56	NT	1	
-- Smith, Ryan	Eagle Grove	13.00	NT	1	
-- Steinberg, Reid	Manson NW We	12.61	NT	1	
-- Wesley, Brent	Emmetsburg	12.82	NT	1	

Men 200 Meter Dash Class B

Name	Year School	Seed	Finals	H#	Points
1 Case, Kody	South Centra	22.60	22.62	2	10
2 King, Cyle	South Centra	23.25	23.54	2	8
3 Deitering, Grant	Emmetsburg	24.73	23.70	2	6
4 Steck, Carter	Southeast Va	24.30	24.29	2	4
5 Jondle, Keaton	Southeast Va	24.30	24.77	2	2
6 Wesley, Brent	Emmetsburg	25.21	24.98	2	1
-- Kueny, Thomas	Alta-Aurelia	28.87	NT	1	
-- Smith, Ryan	Eagle Grove	25.62	NT	1	
-- Sherkenbach, Sam	Alta-Aurelia	25.96	NT	1	
-- Peters, Riley	Manson NW We	25.65	NT	1	
-- Larsen, Blake	Manson NW We	25.31	NT	1	
-- Graham, Derek	Eagle Grove	26.51	NT	1	

Men 400 Meter Dash Class B

Name	Year School	Seed	Finals	H#	Points
1 Pearson, Nathan	Alta-Aurelia	53.34	52.06	2	10
2 King, Cyle	South Centra	53.85	52.62	2	8
3 Henkenius, Derrick	South Centra	54.00	53.54	2	6
4 Bulten, Collin	Manson NW We	54.16	54.17	2	4
5 Padilla, Niko	Eagle Grove	56.10	54.90	2	2
6 Issa, Zach	Alta-Aurelia	55.88	55.78	2	1
-- Johnson, Nyles	Southeast Va	56.50	NT	1	
-- Graves, Zach	Southeast Va	59.00	NT	1	
-- Graham, Derek	Eagle Grove	59.40	NT	1	

-- Jud, Holden                                  Manson NW We                                  58.00                                  NT                                  1

Men 800 Meter Run Class B

Name	Year	School	Seed	Finals	Points
1 Warehime, Spencer		Southeast Va	2:04.66	2:02.01	10
2 Pearson, Nathan		Alta-Aurelia	2:05.60	2:02.68	8
3 Pickering, Colton		Eagle Grove	2:08.93	2:07.18	6
4 Moon, Spencer		South Centra	2:13.50	2:12.91	4
5 Bahr, Colton		South Centra	2:14.50	2:15.74	2
6 Behnkendorf, Gage		Eagle Grove	2:22.51	2:18.37	1
-- Montgomery, Nathan		Southeast Va	2:28.57	NT	
-- Nichols, Chris		Emmetsburg	2:41.00	NT	
-- Husman, Jacob		Alta-Aurelia	2:13.40	NT	
-- Pearson, Brian		Manson NW We	2:18.21	NT	
-- Johnson, Andrew		Manson NW We	2:33.11	NT	

Men 1600 Meter Run Class B

Name	Year	School	Seed	Finals	Points
1 Warehime, Spencer		Southeast Va	4:43.96	4:35.64	10
2 Schaffer, Dalton		Eagle Grove	4:53.80	4:42.80	8
3 Moon, Spencer		South Centra	4:56.50	4:54.59	6
4 Debaun, Jacob		Southeast Va	5:01.45	5:04.19	4
5 Husman, Jacob		Alta-Aurelia	5:14.00	5:05.74	2
6 Johnson, Sam		Eagle Grove	5:12.53	5:12.06	1
-- Bulten, Collin		Manson NW We	5:05.00	NT	
-- Englin, Nic		South Centra	5:20.00	NT	
-- Carlson, Dawson		Emmetsburg	5:34.00	NT	
-- Kueny, Micahel		Alta-Aurelia	5:50.00	NT	
-- Hokinson, Connor		Manson NW We	5:05.00	NT	
-- Deitering, Adam		Emmetsburg	5:36.00	NT	

Men 3200 Meter Run Class B

Name	Year	School	Seed	Finals	Points
1 Moon, Spencer		South Centra	10:29.50	10:30.63	10
2 King, McCaulay		Eagle Grove	10:38.00	10:37.69	8
3 Bowman, Cruz		Emmetsburg	11:14.24	11:13.65	6
4 Behnkendorf, Gage		Eagle Grove	11:30.45	11:19.68	4
5 Carlson, Josh		Southeast Va	11:43.42	11:32.06	2
6 Johnson, Andrew		Manson NW We	11:41.49	11:39.66	1
-- Henrichs, Jaden		Alta-Aurelia	12:30.00	NT	
-- Montgomery, Nathan		Southeast Va	12:10.01	NT	
-- Williamson, Austin		Alta-Aurelia	12:30.00	NT	
-- Stephenson, Jacob		South Centra	12:20.00	NT	

Men 110 Meter Hurdles Class B

Name	Year	School	Seed	Finals	H#	Points
1 King, Cade		Southeast Va	15.80	15.68	2	10
2 Weiland, Jared		Alta-Aurelia	16.18	15.70	2	8
3 Miller, Lincoln		Eagle Grove	16.49	16.46	2	6
4 Johnson, Jackson		Manson NW We	16.85	16.81	2	4
5 Gaes, Nick		Alta-Aurelia	17.72	16.83	1	2
6 Slagle, Parker		Eagle Grove	16.62	17.16	2	1
-- Merkley, Mason		South Centra	17.34	NT	1	
-- Loeske, Jarrett		Southeast Va	19.07	NT	1	
-- Larsen, Blake		Manson NW We	16.90	NT	1	
-- Connelly, Dalton		Emmetsburg	17.67	NT	1	
-- Assman, Brandon		South Centra	16.83	NT	2	

Men 400 Meter Hurdles Class B

Name	Year School	Seed	Finals	H#	Points
1 Radke, Bryce	Alta-Aurelia	1:00.60	59.21	2	10
2 Miller, Lincoln	Eagle Grove	1:01.62	1:01.31	2	8
3 Asche, Carter	Eagle Grove	59.70	1:02.23	2	6
4 Breitsprecher, Patrick	Southeast Va	1:03.53	1:02.43	2	4
5 Connelly, Dalton	Emmetsburg	1:05.89	1:03.67	1	2
6 Merkley, Mason	South Centra	1:04.50	1:04.11	2	1
-- Assman, Brandon	South Centra	1:04.75	NT	2	
-- Jondle, Kyler	Southeast Va	1:05.66	NT	1	
-- Jud, Holden	Manson NW We	1:07.14	NT	1	
-- Henrichs, Jaden	Alta-Aurelia	1:08.64	NT	1	
-- Quade, Ben	Manson NW We	1:09.00	NT	1	

Men 4x100 Meter Relay Class B

School	Seed	Finals	Points
1 South Central Calhou 'A' 1) Case, Kody 3) King, Cyle	44.00	43.92	10
2 Southeast Valley 'A' 1) Jondle, Keaton 3) Swieter, Aaron	47.09	46.09	8
3 Manson NW Webster 'A' 1) Johnson, Hunter 3) Steinberg, Reid	47.01	46.99	6
4 Alta-Aurelia 'A' 1) Sherkenbach, Sam 3) Pizano, Ricky	47.64	47.87	4
5 Emmetsburg 'A' 1) Berven, Ethan 3) Vermulm, Blake	46.54	47.97	2
6 Eagle Grove 'A' 1) Padilla, Niko 3) Graham, Derek	48.90	48.79	1

Men 4x200 Meter Relay Class B

School	Seed	Finals	Points
1 Manson NW Webster 'A' 1) Johnson, Titan 3) Steinberg, Reid	1:37.14	1:34.88	10
2 Eagle Grove 'A' 1) Slotisch, Tim 3) Slagle, Parker	1:37.39	1:35.94	8
3 Southeast Valley 'A' 1) Steck, Carter 3) Swieter, Aaron	1:37.03	1:36.01	6
4 Emmetsburg 'A' 1) Deitering, Grant 3) Vermulm, Blake	1:37.55	1:37.72	4
5 South Central Calhou 'A' 1) Frantz, Johnathan 3) Birks, Jared	1:33.11	1:39.49	2
6 Alta-Aurelia 'A' 1) Sherkenbach, Sam 3) Damewood, Chandler	1:38.50	1:39.93	1

Men 4x400 Meter Relay Class B

School	Seed	Finals	Points
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1	South Central Calhou 'A'	3:35.00	3:34.50	10
	1) Ludwig, Conner	2) Case, Kody		
	3) Henkenius, Derrick	4) King, Cyle		
2	Eagle Grove 'A'	3:36.99	3:37.70	8
	1) Gonzalez, Brian	2) Maier, Brett		
	3) Slotisch, Tim	4) Weber, Jeremy		
3	Alta-Aurelia 'A'	3:37.13	3:42.89	6
	1) Hughes, Joe	2) Radke, Bryce		
	3) Sleezer, Kaleb	4) Pearson, Nathan		
4	Manson NW Webster 'A'	3:42.00	3:45.62	4
	1) Hokinson, Connor	2) Quade, Ben		
	3) Freimuth, Clay	4) Johnson, Titan		
5	Southeast Valley 'A'	3:43.42	3:50.14	2
	1) Johnson, Nyles	2) Jondle, Kyler		
	3) Steck, Carter	4) Breitsprecher, Patrick		
6	Emmetsburg 'A'	4:01.00	4:05.63	1
	1) Connelly, Dalton	2) Lundgren, Tanner		
	3) Myers, Jacob	4) Vermulm, Blake		

#### Men 4x800 Meter Relay Class B

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	School	Seed	Finals	Points
=====				
1	Alta-Aurelia 'A'	8:46.17	8:34.22	10
	1) Issa, Zach	2) Hughes, Joe		
	3) Husman, Jacob	4) Pearson, Nathan		
2	Southeast Valley 'A'	8:46.47	8:41.71	8
	1) Anderson, Cameron	2) Johnson, Nolan		
	3) Debaun, Jacob	4) Breitsprecher, Patrick		
3	Eagle Grove 'A'	8:33.11	8:43.66	6
	1) Pickering, Colton	2) Maier, Brett		
	3) Schaffer, Dalton	4) Asche, Carter		
4	Manson NW Webster 'A'	9:00.00	9:03.03	4
	1) Quade, Ben	2) Freimuth, Clay		
	3) Pearson, Brian	4) Johnson, Titan		
5	Emmetsburg 'A'	10:18.00	10:27.48	2
	1) Carlson, Dawson	2) Lundgren, Tanner		
	3) Nichols, Chris	4) Deitering, Adam		
6	South Central Calhou 'A'	12:00.00	13:02.01	1
	1) Henry, Mason	2) Westcott, Andrew		
	3) Schrage, Jacob	4) Stelling, Nick		

#### Men Distance Medley Class B

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	School	Seed	Finals	Points
=====				
1	Southeast Valley 'A'	3:54.74	3:46.03	10
	1) Miller, Zeke	2) Swieter, Aaron		
	3) King, Cade	4) Johnson, Nolan		
2	South Central Calhou 'A'	3:54.00	3:50.23	8
	1) Henkenius, Derrick	2) Frantz, Johnathan		
	3) Macke, Tanner	4) McAlister, Chase		
3	Alta-Aurelia 'A'	3:52.44	3:50.90	6
	1) Pizano, Ricky	2) Sleezer, Kaleb		
	3) Hughes, Joe	4) Issa, Zach		
4	Eagle Grove 'A'	3:50.29	3:51.14	4
	1) Slagle, Parker	2) Gonzalez, Brian		
	3) Padilla, Niko	4) Maier, Brett		
5	Manson NW Webster 'A'	3:54.19	3:51.89	2
	1) Johnson, Titan	2) Condon, Mark		
	3) Hokinson, Connor	4) Bulten, Collin		
6	Emmetsburg 'A'	4:04.82	4:20.75	1
	1) Vermulm, Blake	2) Myers, Jacob		
	3) Berven, Ethan	4) Bowman, Cruz		

#### Men 4x110 Meter Shuttle Hurdle Class B

School	Seed	Finals	H#	Points
1 Manson NW Webster 'A'	1:03.02	1:03.23	2	10
1) Larsen, Blake				
2) Peters, Riley				
3) Johnson, Jackson				
4) Johnson, Hunter				
2 Alta-Aurelia 'A'	1:06.40	1:05.30	2	8
1) Radke, Bryce				
2) Gaes, Nick				
3) Henrichs, Jaden				
4) Weiland, Jared				
3 Eagle Grove 'A'	1:07.87	1:05.78	1	6
1) Asche, Carter				
2) Osborn, Jaquan				
3) Miller, Lincoln				
4) Slagle, Parker				
4 South Central Calhou 'A'	1:06.93	1:06.56	2	4
1) Merkley, Mason				
2) Assman, Brandon				
3) Muhlbauer, Hunter				
4) VanHulzen, Josh				
5 Southeast Valley 'A'	1:09.65	1:18.63	1	2
1) Housken, Jackson				
2) Smith, Kevin				
3) Loeske, Jarrett				
4) Kamp, Colton				

#### Men High Jump Class B

Name	Year School	Seed	Finals	Points
1 Johnson, Jackson	Manson NW We	6-05.00	J6-04.00	10
2 Bahr, Colton	South Centra	6-00.00	J5-10.00	8
3 Damewood, Chandler	Alta-Aurelia	5-06.00	J5-06.00	6
4 Hughes, Joe	Alta-Aurelia	5-06.00	J5-04.00	4
5 VanHulzen, Josh	South Centra	5-04.00	J5-02.00	2

#### Men Long Jump Class B

Name	Year School	Seed	Finals	Points
1 Ludwig, Conner	South Centra	20-03.50	18-11.50	10
2 Gonzalez, Brian	Eagle Grove	19-01.00	18-07.00	8
3 Issa, Zach	Alta-Aurelia	18-04.00	18-00.50	6
4 Johnson, Nyles	Southeast Va	18-06.00	17-11.75	4
5 Berven, Ethan	Emmetsburg	18-02.50	16-10.25	2
6 Radke, Bryce	Alta-Aurelia	17-07.00	16-04.50	1
7 Slotisch, Tim	Eagle Grove	17-01.00	16-00.25	
8 Housken, Jackson	Southeast Va	16-04.50	15-08.25	
9 Fistler, Tanner	South Centra	16-06.50	15-07.25	

#### Men Shot Put Class B

Name	Year School	Seed	Finals	Points
1 Butcher, Tim	Manson NW We	46-04.00	46-09.00	10
2 Pliner, Alex	Southeast Va	41-08.50	42-11.50	8
3 Gaes, Nick	Alta-Aurelia	41-03.00	42-04.50	6
4 Krebsbach, Cameron	Manson NW We	39-11.00	40-00.25	4
5 Henkelman, Brendan	South Centra	39-07.50	39-09.50	2
6 Berglund, Sam	Southeast Va	39-06.00	38-01.00	1
7 Dunlap, Max	Emmetsburg	38-06.25	37-04.50	
8 Mendoza, Jon	Eagle Grove	37-07.50	37-01.00	
9 Schany, Nick	Emmetsburg	37-09.50	36-05.50	
10 Carlson, Kayne	Eagle Grove	35-02.00	36-05.25	
11 Westcott, Andrew	South Centra	34-02.00	31-01.50	
12 Meyer, Ryan	Alta-Aurelia	36-06.00	27-04.50	

#### Men Discus Throw Class B

Name	Year School	Seed	Finals	Points
1 Butcher, Tim	Manson NW We	145-02	J142-04	10
2 Gaes, Nick	Alta-Aurelia	126-08	J131-06	8

3	Myers, Jacob	Emmetsburg	102-03	J107-02	6
4	Husman, Jacob	Alta-Aurelia	114-00	J105-04	4
4	Henkelman, Brendan	South Centra	116-06	J105-04	2
6	Birks, Jared	South Centra	117-11	J103-07	1
7	Ackerson, Mason	Southeast Va	92-09	102-07	
8	Mendoza, Jon	Eagle Grove	13-06.50	100-03	
9	Anderson, Joel	Southeast Va	88-03	90-02	
10	Siefken, Austin	Manson NW We	97-10	90-01	
11	Carlson, Kayne	Eagle Grove	95-06	89-00	

#### Alta-Aurelia boys track results at Pocahontas Friday, April 22, 2016

133 South Central Calhoun  
 117Alta-Aurelia  
 SE Valley  
 Emmettsburg  
 Eagle Grove  
 Manson NW Webster

Shot put 3rd 42'4.5" Nick Gaes  
 Discus 2nd 131' 6" Nick Gaes  
 High Jump 3rd 5'6" Chandler Damewood  
                   4th 5'4" Joe Hughes  
 Long jump 3rd 18' 1/2" Zach Issa

Comments, "You get a nice night like this to run about one time each season. Our boys took full advantage of the good weather. Several kids had big nights. The 4 x 800 took 12 seconds off their seasons best and Seniors, Nathan Pearson and Bryce Radke won individual events. Nathan in the 400M and Bryce in the 400M low hurdles. The Freshmen trio of Nick Gaes, Zach Issa and Chandler Damewood all finished in the top three in their respective field events. Nick, 2nd in Discus and 3rd in the shot put. Zach was 3rd in the long jump and Chandler was 3rd in the high jump. That is a lot of points from the freshmen.(26 to be exact) I am very happy with how our kids are progressing so far. Next meet is a quick turn around at Holstein Monday followed by our home meet on Tuesday.

4 x 800 M 1st 8:34.4 Zach Issa, Joe Hughes, Jacob Husman, Nathan Pearson

Shuttle Hurdle 2nd 1:05.3 Bryce Radke, Nick Gaes, Jaden Henrichs, Jared Weiland

100M 4th 11.74Kaleb Sleezer  
           5th 11.62 Ricky Pizano  
 400M 2nd 52.09. Nathan Pearson  
           5th 55.55 Zach Issa

4 x 200 M 6th 1:40.12 Sam Sherkenbach, Ricky Pizano, Chandler Damewood, Kaleb Sleezer

110M HH 2nd 15.59 Jared Weiland  
           5th 17.11 Nick Gaes

1600M 5th 5:05 Jacob Husman

400M LH 1st 59.39 Bryce Radke

Medley 3rd 3:51.5 Ricky Pizano, Kaleb Sleezer, Joe Hughes, Zach Issa

800M 2nd 2:02.5 Nathan Pearson