

Iowa Cross Country State Championship 1a Girls

Lakeside Golf Course - Fort Dodge, IA

Oct. 29, 2016

60s, cloudy & 8-10 mph wind
Results by Cal Murdock

Use the Find option of your Web Browser to find the performance of a specific individual or team.

[Click here](#) for data on boys

Last updated Oct. 29, 2016 12:43 PM

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	Central, Elkader	69	3	12	14	19	21	49	52	20:49.2	0:56.6
2	Hudson	116	2	15	27	29	43	83	100	21:15.1	2:12.1
3	Pekin	124	6	16	24	37	41	55	74	21:22.5	1:44.9
4	Marquette Catholic, B	138	7	28	32	33	38	58	91	21:32.3	1:28.1
5	Denver	144	9	20	23	39	53	59	67	21:33.1	2:04.5
6	St. Edmond, Fort Dodg	184	11	13	22	62	76	96		21:56.6	3:09.4
7	Newman Catholic, Maso	216	10	17	51	65	73	77	81	22:18.0	3:02.4
8	Griswold	222	8	35	44	66	69	80	102	22:24.5	3:00.0
9	North Linn, Troy Mill	238	31	36	54	57	60	71		22:28.2	1:19.4
10	Panorama, Panora	242	18	25	56	64	79	85	89	22:31.7	3:03.0
11	Acgc	245	1	4	68	84	88	92	98	22:28.7	4:52.8
12	Maple Valley-Anthon-O	246	42	46	47	48	63	78		22:34.3	1:04.2
13	West Fork, Sheffield	268	5	30	61	82	90	95	99	22:46.1	4:13.8
14	Colo-Nesco	286	34	45	50	70	87	93	97	23:00.0	2:33.8
15	Alta-Aurelia	299	26	40	72	75	86	94	101	23:05.4	3:04.9

[Individuals](#)

PLACE	FINISHER	TIME
1.	Central, Elkader	
3	Ciera Deitchler, 10	20:12.4
12	Ashley Funk, 12	20:51.3
14	Deserai Weber, 11	20:52.6
19	Jasmine Mueller, 9	21:00.6
21	Danielle Weber, 9	21:09.0
49	Ellie Kuehl, 10	22:34.5
52	Cassie Larson, 10	22:41.5
Total Time = 1:44:05.9		Total Places = 69
2.	Hudson	
2	Jenna Twait, 9	20:03.7

15	Grace Jorgensen, 11	20:54.8
27	Sophie Selenke, 9	21:28.2
29	Morgan Hansen, 9	21:32.7
43	Lexi Bergmeier, 9	22:15.7
83	Allison Peck, 9	24:10.7
100	Abby Lashbrook, 11	26:25.9
Total Time = 1:46:15.1		Total Places = 116

3. Pekin

6	Remi Duwa, 9	20:26.1
16	Shea Dahlstom, 12	20:57.6
24	Emilee Linder, 9	21:18.4
37	Zoey Wright, 10	21:59.4
41	Kelly Myers, 10	22:10.9
55	Hunter Lock, 10	22:49.3
74	Mackenzie Martin, 12	23:47.5
Total Time = 1:46:52.4		Total Places = 124

4. Marquette Catholic, B

7	Halle Kilburg, 9	20:33.5
28	Ashley Koos, 11	21:32.3
32	Annika Frank, 11	21:46.1
33	Alyssa Kremer, 12	21:48.0
38	Macey Kremer, 10	22:01.5
58	Amanda Koos, 11	22:58.9
91	Miranda Peters, 9	24:44.6
Total Time = 1:47:41.4		Total Places = 138

5. Denver

9	Grace Beck, 9	20:39.6
20	Caroline Stokes, 11	21:08.3
23	Natalie Even, 10	21:09.4
39	Erica Jaeschke, 12	22:04.2
53	Emma Larson, 11	22:44.0
59	Leah Ristau, 9	22:59.2
67	Bailey Dunkin, 9	23:33.1
Total Time = 1:47:45.5		Total Places = 144

6. St. Edmond, Fort Dodg

11	Abby Landwehr, 10	20:42.8
13	Riley Mayer, 11	20:51.9
22	Audrey Kolacia, 11	21:09.3
62	Joeli Koenig, 12	23:06.8
76	Jaci Taylor, 12	23:52.2
96	Olivia Kolacia, 9	25:18.8
Total Time = 1:49:43.0		Total Places = 184

7. Newman Catholic, Maso

10	Chloe Nelson, 9	20:41.9
17	Meghan Sullivan, 12	20:58.5
51	Rylie Smith, 12	22:38.8
65	Erin Smith, 10	23:26.2
73	Aubrea Thompson, 11	23:44.2
77	Natalie Scholl, 11	23:54.4
81	Kailah Thompson, 9	24:08.0
Total Time = 1:51:29.6		Total Places = 216

8. Griswold

8	Joanna Topham, 12	20:39.1
35	Charli Adams, 10	21:54.1
44	Anna Young, 11	22:18.4
66	Loryn Peterson, 9	23:31.9
69	Alisha Seyler, 10	23:39.0
80	Courtney Hering, 9	24:05.8
102	Faith Rossell, 12	27:59.0
Total Time = 1:52:02.5		Total Places = 222

9. North Linn, Troy Mill

31	Kylie Reierson, 10	21:41.3
36	Morgan Ingwersen, 10	21:56.1
54	Sydney Mertens, 11	22:44.8
57	Madisyn Woods, 11	22:58.1
60	Alexis Folkers, 10	23:00.7
71	Lucy Syverson, 12	23:41.4
Total Time = 1:52:21.0		Total Places = 238

10. Panorama, Panora

18	Devyn Kemble, 11	20:59.3
25	Brianna Hoffman, 11	21:21.1
56	Lydia Lindstrom, 9	22:56.7
64	Brooklyn Behrends, 10	23:19.0
79	Chloe Webster, 9	24:02.3
85	Emily Smith, 10	24:22.3
89	Lydia Knapp, 10	24:33.2
Total Time = 1:52:38.4		Total Places = 242

11. Acgc

1	Kate Crawford, 9	19:38.7
4	Emma Swanson, 11	20:16.0
68	Keely Vasey, 9	23:37.4
84	Lauryn Embleton, 10	24:19.9
88	Reagan Rumelhart, 9	24:31.5
92	Malena Rumelhart, 10	24:51.1
98	Jackie Trujillo-Garcia, 9	25:29.8
Total Time = 1:52:23.5		Total Places = 245

12. Maple Valley-Anthon-O

42	Jordyn Pester, 11	22:12.4
46	Karlee Wolf, 12	22:22.8
47	JoHannah McKibben, 11	22:26.1
48	Morgan Todd, 12	22:33.6
63	Aubree Palmer, 11	23:16.6
78	Linzey Goeddeke, 11	23:56.3
Total Time = 1:52:51.5		Total Places = 246

13. West Fork, Sheffield

5	McKenna Weaver, 10	20:22.6
30	Talia Rowe, 11	21:39.4
61	Maddison Shupe, 12	23:01.3
82	Miranda Dixon, 10	24:10.6
90	Kennedy Maske, 11	24:36.4
95	Ciara Hansen, 11	25:15.2
99	Rachel Hubka, 9	25:35.3
Total Time = 1:53:50.3		Total Places = 268

14. Colo-Nesco

34	Alexis Britten, 11	21:54.0
45	Angela Brinkman, 12	22:21.3
50	Faith Vincent, 10	22:37.2
70	Grace Stalzer, 12	23:39.7
87	Shelby Smith, 11	24:27.8
93	Stephanie Norris, 12	24:59.4
97	Lauryn Hill, 9	25:29.4

Total Time = 1:55:00.0 Total Places = 286

15. Alta-Aurelia

26	Alicia Turnquist, 11	21:22.0
40	Alexa Fredrickson, 9	22:07.4
72	Clara Candelario, 11	23:42.2
75	Carly Drenth, 10	23:48.5
86	Lauren Falck, 12	24:26.8
94	Jessica Flaherty, 10	25:08.8
101	Rowan Kolpin, 10	26:56.5

Total Time = 1:55:26.9 Total Places = 299

TEAM

PLACE	SCORE	FINISHER	TIME	TEAM
-------	-------	----------	------	------

[Top](#)

1	1	Kate Crawford, 9	19:38.7	Acgc
2		Sheridan LaCoste, 11	19:41.0	Rockford
3		Hanna Hess, 12	20:02.6	Edgewood-Colesburg
4	2	Jenna Twait, 9	20:03.7	Hudson
5		Reagan Weinheimer, 9	20:12.4	Nodaway Valley
6	3	Ciera Deitchler, 10	20:12.4	Central, Elkader
7		Elise Emmick, 11	20:15.2	Southeast Warren, Lib
8	4	Emma Swanson, 11	20:16.0	Acgc
9		Dakota Hostetter, 12	20:18.1	Colfax-Mingo
10	5	McKenna Weaver, 10	20:22.6	West Fork, Sheffield
11		Janette Schraft, 10	20:23.2	East Mills
12		Kori Wedeking, 9	20:23.4	Clarksville
13	6	Remi Duwa, 9	20:26.1	Pekin
14		Eva Fisk, 9	20:29.0	Earlham
15	7	Halle Kilburg, 9	20:33.5	Marquette Catholic, B
16	8	Joanna Topham, 12	20:39.1	Griswold
17		Hailey Pullman, 12	20:39.4	West Sioux, Hawarden
18		Taylor Sporrer, 9	20:39.5	Logan-Magnolia
19	9	Grace Beck, 9	20:39.6	Denver
20	10	Chloe Nelson, 9	20:41.9	Newman Catholic, Maso
21	11	Abby Landwehr, 10	20:42.8	St. Edmond, Fort Dodg
22		Kyla Wilkening, 11	20:47.5	Gmg, Garwin
23		Alexis Post, 10	20:49.9	Riverside, Oakland
24	12	Ashley Funk, 12	20:51.3	Central, Elkader
25	13	Riley Mayer, 11	20:51.9	St. Edmond, Fort Dodg
26	14	Deserai Weber, 11	20:52.6	Central, Elkader
27	15	Grace Jorgensen, 11	20:54.8	Hudson
28		Cheyenne Shaw, 9	20:55.0	North Mahaska, New Sh
29		Katie Brennan, 10	20:57.0	Kee, Lansing
30	16	Shea Dahlstom, 12	20:57.6	Pekin
31		Madison Schiernbeck, 10	20:57.9	Oa-Bcig

32	17	Meghan Sullivan, 12	20:58.5	Newman Catholic, Maso
33		Emily Treptow, 10	20:58.6	Jesup
34		Emma Lucas, 10	20:58.6	Bedford
35	18	Devyn Kemble, 11	20:59.3	Panorama, Panora
36	19	Jasmine Mueller, 9	21:00.6	Central, Elkader
37		Katlyn Wiese, 9	21:02.9	Ridge View
38		Kassandra Rosenbum, 12	21:07.1	Clayton Ridge, Gutten
39		Kaylee Ford, 12	21:08.0	Wilton
40	20	Caroline Stokes, 11	21:08.3	Denver
41		Rylan Santi, 11	21:08.5	Madrid
42		Addy Carlson, 10	21:08.9	Saint Ansgar
43	21	Danielle Weber, 9	21:09.0	Central, Elkader
44	22	Audrey Kolacia, 11	21:09.3	St. Edmond, Fort Dodg
45	23	Natalie Even, 10	21:09.4	Denver
46		Kailey Miller, 10	21:14.5	Bellevue
47	24	Emilee Linder, 9	21:18.4	Pekin
48	25	Brianna Hoffman, 11	21:21.1	Panorama, Panora
49	26	Alicia Turnquist, 11	21:22.0	Alta-Aurelia
50		Jessica Helseth, 10	21:22.8	Wayne, Corydon
51		Eliana Berry, 10	21:26.4	Durant
52		Katlyn Holaday, 12	21:26.9	Cam, Anita
53	27	Sophie Selenke, 9	21:28.2	Hudson
54	28	Ashley Koos, 11	21:32.3	Marquette Catholic, B
55	29	Morgan Hansen, 9	21:32.7	Hudson
56		Katlyn Tremel, 10	21:38.2	Boyer Valley, Dunlap
57	30	Talia Rowe, 11	21:39.4	West Fork, Sheffield
58	31	Kylie Reiererson, 10	21:41.3	North Linn, Troy Mill
59		Maddie Lohmann, 11	21:44.3	Diagonal
60		Abbey Harris, 12	21:45.6	West Central Valley,
61	32	Annika Frank, 11	21:46.1	Marquette Catholic, B
62	33	Alyssa Kremer, 12	21:48.0	Marquette Catholic, B
63		Payton Sporrer, 11	21:48.1	Ikm-Manning
64		Emily Jungers, 11	21:52.9	Sibley-Ocheyedan
65	34	Alexis Britten, 11	21:54.0	Colo-Nesco
66		Caitlyn Juhl, 12	21:54.1	Saint Ansgar
67	35	Charli Adams, 10	21:54.1	Griswold
68	36	Morgan Ingwersen, 10	21:56.1	North Linn, Troy Mill
69	37	Zoey Wright, 10	21:59.4	Pekin
70		Jaelynn Folkers, 12	22:00.8	Midland, Wyoming
71	38	Macey Kremer, 10	22:01.5	Marquette Catholic, B
72		Emily Copic, 12	22:04.0	Exira/Elk Horn-Kimbal
73	39	Erica Jaeschke, 12	22:04.2	Denver
74		Ilia Hostetter, 10	22:06.1	Colfax-Mingo
75	40	Alexa Fredrickson, 9	22:07.4	Alta-Aurelia
76	41	Kelly Myers, 10	22:10.9	Pekin
77	42	Jordyn Pester, 11	22:12.4	Maple Valley-Anthon-O
78	43	Lexi Bergmeier, 9	22:15.7	Hudson
79		Megan Schafer, 9	22:16.3	Eagle Grove
80	44	Anna Young, 11	22:18.4	Griswold
81	45	Angela Brinkman, 12	22:21.3	Colo-Nesco
82	46	Karlee Wolf, 12	22:22.8	Maple Valley-Anthon-O
83		Skylyr Stewart, 9	22:22.9	Martensdale-St. Marys
84		Alyssa Mason, 10	22:26.1	Oa-Bcig
85	47	JoHannah McKibben, 11	22:26.1	Maple Valley-Anthon-O
86		Erin Weber, 11	22:26.4	Boyer Valley, Dunlap
87	48	Morgan Todd, 12	22:33.6	Maple Valley-Anthon-O
88	49	Ellie Kuehl, 10	22:34.5	Central, Elkader

89	50	Faith Vincent, 10	22:37.2	Colo-Nesco
90	51	Rylie Smith, 12	22:38.8	Newman Catholic, Maso
91	52	Cassie Larson, 10	22:41.5	Central, Elkader
92	53	Emma Larson, 11	22:44.0	Denver
93	54	Sydney Mertens, 11	22:44.8	North Linn, Troy Mill
94		Alisa Altman, 11	22:47.4	Bishop Garrigan, Algo
95	55	Hunter Lock, 10	22:49.3	Pekin
96	56	Lydia Lindstrom, 9	22:56.7	Panorama, Panora
97	57	Madisyn Woods, 11	22:58.1	North Linn, Troy Mill
98	58	Amanda Koos, 11	22:58.9	Marquette Catholic, B
99	59	Leah Ristau, 9	22:59.2	Denver
100	60	Alexis Folkers, 10	23:00.7	North Linn, Troy Mill
101	61	Maddison Shupe, 12	23:01.3	West Fork, Sheffield
102	62	Joeli Koenig, 12	23:06.8	St. Edmond, Fort Dodg
103		Mallory Kuhns, 9	23:14.9	Nodaway Valley
104	63	Aubree Palmer, 11	23:16.6	Maple Valley-Anthon-O
105	64	Brooklyn Behrends, 10	23:19.0	Panorama, Panora
106	65	Erin Smith, 10	23:26.2	Newman Catholic, Maso
107	66	Loryn Peterson, 9	23:31.9	Griswold
108	67	Bailey Dunkin, 9	23:33.1	Denver
109	68	Keely Vasey, 9	23:37.4	Acgc
110	69	Alisha Seyler, 10	23:39.0	Griswold
111	70	Grace Stalzer, 12	23:39.7	Colo-Nesco
112	71	Lucy Syverson, 12	23:41.4	North Linn, Troy Mill
113	72	Clara Candelario, 11	23:42.2	Alta-Aurelia
114	73	Aubrea Thompson, 11	23:44.2	Newman Catholic, Maso
115	74	Mackenzie Martin, 12	23:47.5	Pekin
116	75	Carly Drenth, 10	23:48.5	Alta-Aurelia
117	76	Jaci Taylor, 12	23:52.2	St. Edmond, Fort Dodg
118	77	Natalie Scholl, 11	23:54.4	Newman Catholic, Maso
119	78	Linzey Goeddeke, 11	23:56.3	Maple Valley-Anthon-O
120	79	Chloe Webster, 9	24:02.3	Panorama, Panora
121	80	Courtney Hering, 9	24:05.8	Griswold
122	81	Kailah Thompson, 9	24:08.0	Newman Catholic, Maso
123	82	Miranda Dixon, 10	24:10.6	West Fork, Sheffield
124	83	Allison Peck, 9	24:10.7	Hudson
125	84	Lauryn Embleton, 10	24:19.9	Acgc
126	85	Emily Smith, 10	24:22.3	Panorama, Panora
127	86	Lauren Falck, 12	24:26.8	Alta-Aurelia
128	87	Shelby Smith, 11	24:27.8	Colo-Nesco
129	88	Reagan Rumelhart, 9	24:31.5	Acgc
130	89	Lydia Knapp, 10	24:33.2	Panorama, Panora
131	90	Kennedy Maske, 11	24:36.4	West Fork, Sheffield
132	91	Miranda Peters, 9	24:44.6	Marquette Catholic, B
133	92	Malena Rumelhart, 10	24:51.1	Acgc
134	93	Stephanie Norris, 12	24:59.4	Colo-Nesco
135	94	Jessica Flaherty, 10	25:08.8	Alta-Aurelia
136	95	Ciara Hansen, 11	25:15.2	West Fork, Sheffield
137	96	Olivia Kolacia, 9	25:18.8	St. Edmond, Fort Dodg
138	97	Lauryn Hill, 9	25:29.4	Colo-Nesco
139	98	Jackie Trujillo-Garcia, 9	25:29.8	Acgc
140	99	Rachel Hubka, 9	25:35.3	West Fork, Sheffield
141	100	Abby Lashbrook, 11	26:25.9	Hudson
142	101	Rowan Kolpin, 10	26:56.5	Alta-Aurelia
143	102	Faith Rossell, 12	27:59.0	Griswold

[Click here](#) for data on boys

Return to [home page](#).

Alta-Aurelia CC @ State

2:00 Sat. Oct. 29nd, 2016 8th Meet

61° cloudy NE 10-15 mph

Varsity Girls - 143 Runners

<i>Actual</i>	<i>Displaced</i>					<i>Season's</i>
<i>Place</i>	<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Mile 1</i>	<i>Mile 2</i>	<i>Best</i>
49 th	26 th	22:21	Alicia Turnquist	6:22	13:26	20:48
75 th	40 th	22:07	Alexa Frederickson	6:44	13:56	20:50
113 th	72 nd	23:42	Clara Candelario	7:05	15:01	22:53
127 th	86 th	24:26	Lauren Falck	7:06	15:11	24:42
116 th	75 th	23:48	Carly Drenth	7:06	15:00	22:57
135 th	94 th	25:08	Jessica Flaherty	7:23	15:42	23:03
142 nd	101 st	26:56	Rowan Kolpin	7:41	16:43	25:05

15th Place out of 145 schools

299 points

Comments “Alicia Turnquist again led the Warriors at the State Cross Country meet at Fort Dodge. She finished 49th out of 143 and 26th in the displacement team scoring. This was the highest finish ever in school history. When you consider approximately 650 runners ran in the state qualifying meet 9 days ago, Alicia’s 49th finish is quite an accomplishment. She is a very hard working girl and her leadership on our team and in the classroom are second to none. I am so very proud of all our girls. We have made it to state 2 years in a row. Just a few years ago that seemed like an impossible accomplishment. Another runner that had a good race was senior, Lauren Falck. Lauren ran her best time of the year and picked a perfect time to do it in her last Cross country race of her high school career. Alicia and Lauren were chosen as the most outstanding performers on the Alta-Aurelia team. Thank you to all the Alta-Aurelia fans that made the trip to Fort Dodge today. It was another outstanding year for the warriors.”