

Alta-Aurelia Conference Results @ Gowrie

Mon. Oct. 15th, 2016 6th Meet

Varsity Girls- 46 Runners

<u>Place</u>	<u>Time</u>	<u>Name</u>	<u>Mile 1</u>	<u>Mile 2</u>	<u>Last Year@ Lake City</u>	<u>Season's Best</u>
4 th	21:34	Alicia Turnquist	6:31	13:51	22:28	21:11
5 th	21:40	Alexa Fredrickson	6:39	14:00		21:38
20 th	24:31	Jessica Flaherty	7:22	15:43	24:55	24:14
22 nd	24:42	Carly Drenth	7:19	15:45	25:37	23:34
23 rd	24:46	Clara Candelario	7:15	15:44	23:41	23:42
32 nd	25:57	Emily Beukelman	7:13	16:00	22:32	
35 th	26:34	Lauren Falck	7:29	16:27	24:05	24:44

JV Girls - 17 Runners

<u>Place</u>	<u>Time</u>	<u>Name</u>	<u>Mile 1</u>	<u>Mile 2</u>	<u>Last Year @ Lake City</u>	<u>Season's Best</u>
7 th	26:40	Rowan Kolpin	7:48	16:51	27:13	25:25
16 th	31:25	Hannah Loring	8:24	19:12		29:19

Varsity Boys – 48 Runners

<u>Place</u>	<u>Time</u>	<u>Name</u>	<u>Mile 1</u>	<u>Mile 2</u>	<u>Last Year@ Lake City</u>	<u>Season's Best</u>
20 th	20:27	Conrad Falck	6:05	13:02	21:17	19:25
24 th	21:40	Diogo Sliefert	6:15	13:15		18:50
32 nd	21:42	Argenis Marcos	6:26	13:38		20:37
35 th	21:50	Michael Kueny	6:18	13:38	21:02	19:48
37 th	22:08	Jaden Henrichs	6:37	14:08	21:03	21:03
39 th	23:18	Tyler Gaes	7:06	15:00	23:03	21:23
43 rd	24:00	Colin Loring	7:11	15:34		24:13

JV - Runners

<u>Place</u>	<u>Time</u>	<u>Name</u>	<u>Mile 1</u>	<u>Mile 2</u>	<u>Last Year@Lake City</u>	<u>Season's Best</u>
27 th	27:50	Matthew Edwards	7:40	17:05		24:42
29 th	31:17	Aidan Freese	8:10	18:38		26:12

Varsity Girls

21 Pocahontas
58 South C. Calhoun
68 Alta-Aurelia
102 SE Valley
144 Sioux Central
162 Manson NWW

Varsity Boys

46 SC Calhoun
49 SE Valley
76 Sioux Central
84 Pocahontas
104 Manson NWW
148 Alta-Aurelia
177 West Bend – Mallard

9 Teams

Coach's comments, "Alicia Turnquist and Alexa Fredrickson earned 1st team All-Conference honors today with stellar performances. The both beat some runners from other schools that they had never beaten before. They got out fast and moved up from there. Their times were slightly off their career bests but today was a more challenging course which bodes well for them as we move on to the state qualifying meet Thursday at Holstein. Jessica Flaherty and Conrad Falck both earned Honorable Mention honors as they also ran exceptionally well. Most outstanding performers today were Alicia Turnquist, Alexa Fredrickson, and Colin Loring.

**Twin Lakes Conference Meet
Prairie View Golf Course
Gowrie, IA
October 15, 2016**

Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Pocahontas Area	21	1	2	3	6	9	10	11	1:47:56.26	21:35.26
2	South Central Calhoun	58	7	8	13	14	16	17	19	1:54:59.50	22:59.90
3	Alta Aurelia	68	4	5	18	20	21	29	32	1:57:18.64	23:27.73
4	Southeast Valley	102	12	15	23	24	28	33	38	2:03:00.38	24:36.08
5	Sioux Central	144	22	27	30	31	34	37	39	2:10:38.32	26:07.67
6	Manson NW Webster	162	25	26	35	36	40			2:26:09.01	29:13.81

Varsity Girls Individual Results

Place	Athlete	Team	Time	Points
1	Vonnahme, Jill	PAC	20:37.81	1
2	Meyer, Grace	PAC	21:15.56	2
3	Meyer, Faith	PAC	21:30.89	3
4	Turnquist, Alicia	Alta Aurelia	21:34.90	4
5	Fredrickson, Alexa	Alta Aurelia	21:40.63	5
6	Ruffridge, Elle	PAC	22:00.59	6
7	Batz, Sydney	SC Calhoun	22:04.82	7
8	Hardy, Megan	SC Calhoun	22:07.34	8
9	Berte, Katie	PAC	22:31.41	9
10	Duitscher, Addie	PAC	22:34.22	10
11	Berte, Molly	PAC	23:00.21	11
12	True, Alli	SE Valley	23:12.46	
13	Thatcher, Emma	WBM	23:16.28	12
14	Decker, Katelyn	SC Calhoun	23:16.66	13
15	Pagel, Mariah	SC Calhoun	23:17.04	14
16	Sholty, Morgan	East Sac City	23:44.85	
17	Jondle, Katara	SE Valley	23:55.20	15
18	Daniel, Bridgette	SC Calhoun	24:13.64	16
19	Ukena, Lauren	SC Calhoun	24:15.02	17
20	Flaherty, Jessica	Alta Aurelia	24:32.43	18
21	Hardy, Mariah	SC Calhoun	24:35.17	19
22	Drenth, Carly	Alta Aurelia	24:43.25	20
23	Candelario, Clara	Alta Aurelia	24:47.43	21
24	Strohmyer, Erin	Sioux Central	24:50.27	22
25	Graves, Emma	SE Valley	24:59.26	23
26	Alphs, Sammy	SE Valley	25:00.99	24
27	Wood, Rylee	Manson NW	25:32.01	25
28	Myers, Alexis	Manson NW	25:39.36	26
29	Nims, Makayla	Sioux Central	25:45.18	27
30	Berg, Tessa	SE Valley	25:52.47	28
31	Newman, Ann	East Sac Cty	25:56.17	
32	Beukelman, Emily	Alta Aurelia	25:57.75	29

33	Smith, Camie	Sioux Central	26:17.23	30
34	Vanderhoff, Sydney	Sioux Central	26:17.66	31
35	Falck, Lauren	Alta Aurelia	26:34.88	32
36	Hunter, Emma	SE Valley	27:23.13	33
37	Brown, Kaylee	Sioux Central	27:27.98	34
38	Flynn, Karli	East Sac Cty	27:46.43	
39	Shultz, Savannah	Manson NW	27:58.77	35
40	Durbin, Kendra	Manson NW	28:29.19	36
41	Hoffman, Sarah	Sioux Central	28:58.68	37
42	Rees, Hannah	SE Valley	29:23.92	38
43	Newman, Adrian	East Sac Cty	29:47.31	
44	Lansink, Melissa	Sioux Central	30:30.29	39
45	Hoffman, Abi	WBM	32:02.20	
46	Johnson, Noelle	Manson NW	38:29.68	40

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Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	South Central Calhoun	46	2	8	9	10	17	19	36	1:35:17.88	19:03.58	
2	Southeast Valley	49	1	3	13	14	18	33	38	1:33:57.81	18:47.57	
3	Sioux Central	76	4	6	7	29	30	40	41	1:40:01.44	20:00.29	
4	Pocahontas Area	84	11	12	16	22	23	31	34	1:40:26.46	20:05.30	
5	Manson NW Webster	104	5	21	25	26	27	44		1:43:07.37	20:37.48	
6	Alta Aurelia	148	20	24	32	35	37	39	42	1:46:49.09	21:21.82	
7	West Bend Mallard	177	15	28	43	45	46			1:59:07.52	23:49.51	

Varsity Boys Individual Results

Place	Athlete	Team	Time	Points
1	Warehime, Spencer	SE Valley	16:55.38	1
2	Moon, Spencer	SC Calhoun	17:03.15	2
3	Breitsprecher, Patrick	SE Valley	17:12.62	3
4	Hatch, Dawson	Sioux Central	18:44.03	4
5	Johnson, Andy	Manson NW	18:53.53	5
6	Erickson, Wyatt	Sioux Central	19:11.21	6
7	Marcoux, Levi	Sioux Central	19:14.46	7
8	Englin, Nic	SC Calhoun	19:22.87	8
9	Pibal, Chase	SC Calhoun	19:23.66	9
10	Clark, Matthew	SC Calhoun	19:24.06	10
11	Peterson, Tyson	PAC	19:30.50	11
12	Kirsch, Jon	PAC	19:40.78	12
13	Carlson, Ben	SE Valley	19:45.22	13
14	Montgomery, Nathan	SE Valley	19:54.33	14
15	Fehr, Michael	WBM	19:54.60	15
16	Meyer, Chris	PAC	20:01.85	16
17	Johnson, Colin	SC Calhoun	20:04.14	17
18	Hamilton, Todd	SE Valley	20:10.26	18
19	Poen, Kyle	SC Calhoun	20:16.34	19
20	Falck, Conrad	Alta Aurelia	20:27.41	20
21	Pritchard, Brayden	Manson NW	20:33.27	21
22	Williams, Davionte	PAC	20:33.77	22
23	Hanson, Nate	PAC	20:39.56	23
24	Sliefert, Diogo	Alta Aurelia	20:40.77	24
25	Shriever, Jamison	Manson NW	21:10.09	25
26	Duncan, Hunter	Manson NW	21:14.95	26
27	Jensen, Jonas	Manson NW	21:15.53	27
28	Link, Mason	WBM	21:16.47	28
29	Schomaker, Jacob	Sioux Central	21:23.56	29
30	Kueny, Jonah	Sioux Central	21:28.18	30
31	Hersom, Jared	PAC	21:41.18	31

32	Marcos, Argenis	Alta Aurelia	21:42.25	32
33	Sebring, Ben	SE Valley	21:42.61	33
34	Point, Dillon	PAC	21:43.49	34
35	Keuny, Michael	Alta Aurelia	21:50.76	35
36	Stephenson, Jacob	SC Calhoun	21:54.60	36
37	Henrichs, Jaden	Alta Aurelia	22:07.89	37
38	Pontius, Lucas	SE Valley	22:14.19	38
39	Gaes, Tyler	Alta Aurelia	23:18.42	39
40	Recendiz, Angel	Sioux Central	23:22.96	40
41	Menchaca, Manuel	Sioux Central	23:25.13	41
42	Jergens, Zach	East Sac Cty	23:53.10	
43	Pollock, Zach	Alta Aurelia	24:00.67	42
44	Vergine, Niccolo	WBM	24:03.67	43
45	Siepker, Jacob	Manson NW	24:05.22	44
46	Riesenberg, Jeff	WBM	25:40.05	45
47	Snyder, Lane	East Sac Cty	26:33.68	
48	Boles, Josh	WBM	28:12.73	46

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Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)						Total	Average
1	Pocahontas Area	22	1	2	3	5	11	2:04:43.94	24:56.79	
2	So Central Calhoun	34	4	6	7	8	9	10	2:10:32.96	26:06.60

Junior Varsity Girls Individual Results

Place	Athlete	Team	Time	Points
1	Sommerlot, Josie	PAC	22:51.65	1
2	Duittscher, Annika	PAC	23:15.85	2
3	Vainrab, Bailey	PAC	24:20.13	3
4	Wiederin-Sackfield, Anas	SC Calhoun	24:20.90	4
5	Eisenbarth, Rylee	PAC	25:15.81	5
6	Clark, Abby	SC Calhoun	25:33.07	6
7	Kolpin, Rowan	Alta Aurelia	26:41.54	
8	Decker, Megan	SC Calhoun	26:42.69	7
9	Ludwig, Jordan	SC Calhoun	26:57.10	8
10	Anthofer, Brianna	SC Calhoun	26:59.20	9
11	Dietrich, Meghan	SC Calhoun	27:34.68	10
12	Dornath, Amanda	PAC	29:00.50	11
13	Housken, Leslie	SE Valley	30:16.17	
14	Nahnsen, Sarah	SE Valley	30:16.52	
15	Grossnickle, Chelsea	SE Valley	30:41.82	
16	Loring, Hannah	Alta Aurelia	31:26.77	
17	Thompson, Sydney	Sioux Cent.	36:05.04	

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Junior Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	So Central Calhoun	28	1	4	5	7	11	12	14	1:47:21.20	21:28.24	
2	SE Valley	49	6	8	9	10	16	17	19	1:52:17.51	22:27.51	
3	Pocahontas Area	51	2	3	13	15	18	20	21	1:52:59.22	22:35.85	

Junior Varsity Boys Individual Results

Place	Athlete	Team	Time	Points
1	Henry, Mason	SC Calhoun	20:25.99	1
2	Mielke, Jacob	PAC	20:29.92	2
3	Long, Braxton	PAC	20:56.67	3
4	Musselman, Sam	SC Calhoun	20:58.39	4
5	Clark, Mitchell	SC Calhoun	21:18.25	5
6	Payan, Eli	Manson NWW	21:31.37	
7	Dencklau, Dalton	SE Valley	21:32.49	6
8	Corey, Sam	SC Calhoun	21:40.06	7
9	True, Aaron	SE Valley	21:51.56	8
10	Duis, Kyler	Manson NWW	21:59.51	
11	Johnson, Parker	SE Valley	22:10.30	9
12	Gibbs, Isaiah	SE Valley	22:46.44	10
13	Ludwig, Bennett	SC Calhoun	22:58.51	11
14	Nicholson, Jacob	SC Calhoun	23:03.26	12
15	Nath, Jacob	PAC	23:15.80	13
16	Stephenson, Jonathan	SC Calhoun	23:24.82	14
17	Peterson, Dylan	PAC	23:42.96	15
18	Miller, Lincoln	SE Valley	23:56.72	16
19	Smith, AJ	SE Valley	24:16.23	17
20	Vick, Tyler	PAC	24:33.87	18
21	Rogers, Matt	Manson NWW	24:44.45	
22	Baird, Kyle	SE Valley	24:49.08	19
23	Martens, Blane	SE Valley	25:19.58	
24	Kastendieck, Jared	SE Valley	25:41.00	
25	Stauffer, Creighton	PAC	25:52.33	20
26	Sytsma, Dillon	SE Valley	25:55.20	
27	Edwards, Matthew	Alta Aurelia	27:50.57	
28	Storms, Hunter	PAC	29:20.90	21
29	Freese, Aidan	Alta Aurelia	30:17.85	
30	Schoonover, Elisha	SC Calhoun	31:09.85	
31	Bunting, Cody	Manson NWW	31:20.90	
32	Meyer, Ben	PAC	33:07.66	

**Twin Lakes Conference Meet
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Middle School Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Alta Aurelia	39	3	4	9	11	12	25		1:16:32.61	15:18.53
2	Pocahontas Area	50	6	7	8	13	16	17	23	1:18:35.56	15:43.12
3	Southeast Valley	63	1	10	15	18	19	20	21	1:20:44.92	16:08.99
4	So. Central Calhoun	67	2	5	14	22	24	26		1:21:42.86	16:20.58

Middle School Girls Individual Results

Place	Athlete	Team	Time	Points
1	Jergens, Brooke	East Sac Cty	14:22.25	
2	Hemmestead, Emily	SE Valley	14:35.13	1
3	Stokes, Caitlin	SC Calhoun	14:43.01	2
4	Westphal, Alaina	Alta Aurelia	14:47.68	3
5	Jensen, Amber	Alta Aurelia	15:03.77	4
6	Stokes, Allison	SC Calhoun	15:04.78	5
7	Anderson, Mercedes	Pocahontas	15:19.11	6
8	Smith, Purity	Pocahontas	15:22.84	7
9	Point, Abbielle	Pocahontas	15:29.37	8
10	Kueny, Maria	Alta Aurelia	15:30.79	9
11	Hicks, Chloe	SE Valley	15:34.14	10
12	Gaes, Kalie	Alta Aurelia	15:34.96	11
13	Larson, Jessica	Alta Aurelia	15:35.41	12
14	Melohn, Elle	Pocahontas	15:51.62	13
15	Murley, Alayna	SC Calhoun	16:13.78	14
16	Farnham, Morgan	SE Valley	16:27.70	15
17	Aljets, Katrina	Pocahontas	16:32.62	16
18	Litterer, Lauren	East Sac City	16:47.40	
19	Hinners, Laura	Pocahontas	16:51.13	17
20	Carlson, Sydney	SE Valley	17:03.72	18
21	Welter, Haylee	SE Valley	17:04.23	19
22	Wozab, Jade	SE Valley	17:13.81	20
23	Gardipee, Jayden	SE Valley	17:17.28	21
24	Johnson, Marlie	SE Valley	17:23.76	
25	Burger, Abbie	SE Valley	17:24.27	
26	Macke, Macy	SC Calhoun	17:44.41	22
27	Koezen, Manon	Pocahontas	17:55.72	23
28	Riat, Allison	SC Calhoun	17:56.88	24
29	Pudenz, Emma	SE Valley	18:22.99	
30	Landberg, Madison	Alta Aurelia	19:50.75	25
31	Jackson, Teyah	SC Calhoun	19:58.05	26
32	Westering, Alicia	Manson NWW	20:29.80	
33	Grothaus, Hannah	Pocahontas	22:07.11	

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Middle School Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Alta Aurelia	20	1	2	4	5	8	19	23	1:03:23.54	12:40.71
2	Manson NW Webster	61	3	9	11	16	22			1:09:42.56	13:56.52
3	Pocahontas Area	64	10	12	13	14	15	18	20	1:10:44.63	14:08.93
4	Southeast Valley	75	6	7	17	21	24			1:11:47.79	14:21.56

Middle School Boys Individual Results

Place	Athlete	Team	Time	Points
1	Engelman, Trey	Alta Aurelia	11:50.01	1
2	Meyer, Teagan	Alta Aurelia	12:18.41	2
3	Christian, Conner	Sioux Cent.	12:20.79	
4	Lachelt, Quinn	Manson NWW	12:24.54	3
5	Brechwald, Tate	Alta Aurelia	12:43.87	4
6	Englin, Ben	SC Calhoun	12:44.49	
7	McCoy, Preston	Alta Aurelia	12:55.01	5
8	Garcia, Parker	SE Valley	13:13.32	6
9	Morton, Gavin	Sioux Cent.	13:16.41	
10	Kueny, Jacob	Sioux Cent.	13:17.97	
11	Grandfield, Rhett	SE Valley	13:28.25	7
12	Chase, Brian	Alta Aurelia	13:36.24	8
13	Oswald, Cael	Manson NWW	13:42.48	9
14	Bailey, Tyse	Pocahontas	13:53.18	10
15	Graham, Cannon	Manson NWW	13:55.66	11
16	Rutherford, Kolby	Pocahontas	13:56.71	12
17	Spooner, Preston	Pocahontas	14:15.45	13
18	Axman, Adam	Pocahontas	14:18.27	14
19	Fritz, Reed	Pocahontas	14:21.02	15
20	Rogers, Sean	Manson NWW	14:22.53	16
21	Suchan, Carson	SE Valley	14:34.33	17
22	Burke, Andrew	Pocahontas	14:41.21	18
23	Hussey, Kile	Alta Aurelia	14:46.14	19
24	Frerk, Tanner	Pocahontas	14:48.92	20
25	Hanson, Sam	SE Valley	14:55.84	21
26	Ricke, Joseph	Pocahontas	14:56.16	
27	Calmer, Kaleb	Manson NWW	15:17.35	22
28	DeWitt, Russell	SC Calhoun	15:32.24	
29	Woltman, Brodie	Alta Aurelia	15:32.91	23
30	Stapp, Logan	SE Valley	15:36.05	24
31	Ferguson, Jake	Pocahontas	16:01.12	
32	Ernst, Bobbi	Pocahontas	16:25.45	
33	Hull, Josh	Pocahontas	16:35.60	
34	Ehlers, Clayton	Sioux Cent.	16:41.97	

35	Schoonover, Jamie	SC Calhoun	16:52.89
36	Olberding, Dausin	SC Calhoun	19:33.18
37	Seaver, Jayden	Alta Aurelia	23:33.23